

# SEEK week

Instructions: This is a week of strengthening your self during Holy Week . It includes denying yourself through Prayer, Fasting, Meditation, and Journaling. Allow God's Holy Spirit to highlight things in your life that may come between you and Jesus. Put God first in your life, actively pursuing a relationship with Him through prayer, study, worship, and obedience. Place God at the center of your attention.

## | Day 1—Palm Sunday

*Sunday—Turning to God in prayer.*

- John 12:12-19
- Jeremiah 29:13
- Samuel 30:7-8

## | Day 2—Cleansing the Temple

*Monday—Pray that Jesus would purify your heart and our Church, just as He purified the temple.*

- Matthew 21:12-17
- 1 Corinthians 6:19
- Psalms 51:10-19

## | Day 3—Jesus Teaches in the Temple

*Tuesday—Pray that your spirit would be strengthened by the Holy Spirit.*

- Matthew 21:23
- 2 Timothy 1:6-7
- Psalm 34:4-10

Seek God through  
**fasting.**

Scan to see more  
fasting resources.



## | Day 4—Mary Anoints Jesus' Feet

*Wednesday—Pray that Holy Spirit would guide you in extravagant worship, just as Mary did for our Lord.*

- Psalm 34:1-22
- Psalm 28:7
- John 12:3

## | Day 5—The Last Supper (Take Communion with your loved ones)

*Thursday—Pray that God would strengthen you, your family, and our church through a deeper understanding of Christ's Sacrifice*

- Matthew 26:26-29
- John 6:34-40
- Isaiah 53:5-7

## | Day 6—The Trial and Crucifixion

*Friday—Pray that God would rescue people living in darkness by giving them a new heart. Look for opportunities to share your Jesus story with someone.*

- Matthew 27:1-61
- Ezekiel 36:26-27
- Acts 26:16-18

## | Day 7—The Tomb

*Saturday—Pray that your city would be filled with faith and love for Christ. Thank God for the New Life Jesus offers.*

- Jeremiah 29:7
- Luke 24:46-47

Seek God through

**prayer.**

Scan to see all of the prayer opportunities across our campuses.



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